

## Supplement Facts - Deoiled Lecithin

Serving Size: 1 TBSP (7.5 g, based on product bulk density)

Servings per container \_\_\_\_\_

	Amount per serving Typical values	% Daily Value **
Calories	60	
Calories from Fat	60	
Total Fat	6 g	6%
Fatty Acids:		
16:0	1200 mg	*
18:0	300 mg	*
18:1	540 mg	*
18:2	3540 mg	*
18:3	420 mg	*
Vitamin E	4 IU	13%
Vitamin A	0	0%
Vitamin C	0	0%
Minerals:		
Sodium	2 mg	0%
Phosphorus	228 mg	25%
Iron	0 mg	0%
Calcium	11 mg	1%
Magnesium	11 mg	11%
Phospholipids:		
Phosphatidylcholine	1.7 g	*
Phosphatidylethanolamine	1.5 g	*
Phosphatidylinositol	1.0 g	*
Phosphatidic Acid	0.6 g	*
Choline	235 mg	*
Inositol	255 mg	*

\* Daily Value not established.

\* Percent Daily Values are based on a 2,000 calorie diet.